



Join Us!

**“Moving a
Loved One”**

**December 2, 2008
2:00 pm**



**Waverly Gardens
5919 Centerville Road
North Oaks, MN 55127**

- Senior Apartments with Companion Memory Care
 - Assisted Living
- Enhanced Assisted Living
 - Memory Care

A faith-based, nonprofit organization.

“The day I moved my mom was the hardest day of my life.” - A caregiving daughter

Over the years, we have heard these comments from many of our families. We would like to acknowledge that moving a loved one is a difficult and emotional decision for anyone to make. Your decision of when a relative might move depends on many situations. Although there are no magic signs to tell you “this is the right or perfect time,” many caregivers move their loved one to a senior community for one or more of the following reasons:

- The amount of supervision and assistance needed by the relative is too exhausting for the caregiver.
- Family members are not able to provide the necessary level of care due to family disagreements or geographic distances.
- The person is no longer safe in his or her current location.
- The caregiver is unable to keep up with both family and work responsibilities.
- Emergency and crisis situations for the caregiver or the person have arisen.
- The current level of services is not enough, or is too difficult to arrange and sustain.

Excerpt from: *Moving a Relative with Memory Loss:
A Family Caregivers Guide, 2006*

Please join us on December 2 at 2:00 pm at Waverly Gardens as we welcome Diane Bjorkman, and Julie Nygren, R.N., of Gentle Transitions Senior Move Management. This dynamic team has worked with seniors for a combined 60 years. From personal and professional experiences, they will share insight and valuable resources on this topic. **Please RSVP to Veronica Barnes at 651-765-4018.**

If you would like access to *Moving a Relative with Memory Loss*, you may call to request one of our loaner copies. This publication is an excellent resource for families with loved ones considering a move to an assisted living or a memory care residence.

Waverly Gardens offers many care and housing options for those with memory loss. For more information or a personal tour of our community, please call Marlene Hill or Veronica Barnes at **(651) 765-4000.**

